

Continuing Medical Education Credits for Health Screen in ACT10N

The **Health Screen in ACT10N** program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 18.0 Mainpro-C credits. Accreditation is effective from June 1, 2007 to December 31, 2010. Following are the conditions for meeting the Mainpro-C requirements:

1. Full Program

18 Mainpro-C credits for the complete program including all of the following:

1. Pre-Program Chart Review
2. *Pre-Program Reflective Exercise (attached)*
3. Mid-Program Chart Review
4. Participation in Campaign for One Year (i.e., use a checklist for one year)
5. *Post-Program Reflective Exercise (attached)*

2. Partial Program

A portion of the program is completed including one (or more) of the following:

1. Pre-Program Chart Review (*3 Mainpro-M1 credits*)
2. Mid-Program Chart Review (*3 Mainpro-M1 credits*)
3. Participation in the Campaign for One Year (i.e., use a checklist for one year) (*3 Mainpro-M1 credits*)

Further information on Mainpro® credits is available on
The College of Family Physicians of Canada website at www.cfpc.ca.

Participants may use some or all of the sample questions provided in the attached *Pre-Program Reflective Exercise* (or formulate their own questions). Additional post-program reflective questions or comments may be added to the *Post-Program Reflective Exercise* as applicable. A Mainpro-C certificate of completion will be issued by Toward Optimized Practice (TOP) on receipt of the *Post-Program Reflective Exercise*.

Information about the TOP Program, TOP's Clinical Practice Guidelines, and **Health Screen in ACT10N** (including chart review information) is available at www.topalbertadoctors.org. Questions relating to this CME activity can be directed to TOP toll-free at 1.866.505.3302 or by email at healthscreen@topalbertadoctors.org.

Pre-Program Reflective Exercise

Physician Profile

*** Please print clearly ***

Physician Name: _____

Clinic Name: _____ Town/City: _____

Define a specific clinical problem or variable to study during the program.

In relation to screening for important health issues among patients in my practice:

1. Are other team members in the clinic and I involved in preventative health screening?

Please explain.

2. In my practice, I estimate the percentage of patients screened for the following to be:

- a. Breast Cancer (Clinical Breast Exam, Mammography): _____ %
- b. Cervical Cancer (PAP test): _____ %
- c. Colorectal cancer (FOBT, Sigmoidoscopy, Colonoscopy) is: _____ %
- d. Diabetes (Fasting Blood Glucose): _____ %
- e. Hyperlipidemia (Lipids): _____ %
- f. Hypertension (Blood Pressure): _____ %
- g. Osteoporosis (Bone Density): _____ %

3. I estimate my knowledge of the latest guidelines and evidence regarding screening maneuvers included on the program list is (*circle one*):

- a. excellent b. very good c. average d. fair e. poor
- f. needing the most improvement in relation to screening guidelines and evidence for (*please list*):

9. Are there “screening tests” that I offer my patients which I am reconsidering because of a lack of supporting evidence?

10. At this point in time I intend on completing all campaign activities in order to obtain Mainpro-C credits. (*Check One*)

Yes

No

11. Other noteworthy reflections:

Please submit this completed *Pre-Program Reflective Exercise* by mail, fax or e-mail to:

Toward Optimized Practice
Att: Campaign Manager
12230 106 Avenue
Edmonton AB T5N 3Z1

Fax: 1.866.895.5661
E-mail: healthscreen@topalbertadoctors.org

2. Because of my participation in this program I have learned the following:
 - d. Opportunities to improve screening in my practice:

 - e. Opportunities to work more effectively with other clinic staff:

3. Changes I have made to my screening practices which resulted from my participation in the program include (*describe*):

4. In relation to the *Health Screen in ACT10N* maneuvers, the barriers I have discovered in my practice that limit my ability to provide screening for my patients (*provide one or two examples*):

5. What strategies have I considered and/or used to overcome the barriers to screening (*please list and explain*)?

